

## METHOD DESCRIPTION

Name of the Method or Technique

### Lifskills program

#### GENERAL INFORMATION

Time required

Program runs for one to to years

Required resources

You need to have well prepared teachers in coaching technique. If you review the curriculum you may see, you have to adapt step by step by developing usefull materials for institutional and local environment and situation

Applicability (form of training and target group for which this method/technique is suitable)  
disadvanaged youngsters 17 - 24

Aims, objectives, outcomes

Lifskills program is a training to increase the social competences of students needed on the labour market and in society

Organization environment

Lifskills program focus on coaching in individual and group settings

Implementation of the method or technique (steps; activities; teachers' and learners' roles)  
see attached document "curriculum for life skills"

Options of realization of the method or technique (if any)

see answer above



### Advantages of the method or technique

Mind set of educational team, cooperation and collaboration is most important

### Limitations of the method or technique

Every program and every professional competence has its limits. It is important to know these limits. There are young people who cant be reached with this program. Then it is the responsibility for the team to break up and find a better program for these youngsters

### Images, Videos, other documentation

see attached documents